

Voyage Planning Slate



Date	Boat/range nm	Skipper/Cox		DM	
Voyage				Depart	Return
Launch/recovery					
Weather		Port	Tides	Time	Height
			HW		
			LW		
			HW		
			LW		
Hazards/Tidal streams					
Contingency					
Coastguard	VHF Channels	Speed limits		Mag variation	
Dive site 1		Slack		Duration	
		Direction before/after			
Notes					
Dive site 2		Slack		Duration	
		Direction before/after			

Notes

FUEL - 1lt/2hp/hr @ max rpm

Allow 30% contingency

YSAC DIVE LOG SHEET

DATE: _____ Dive Marshall: _____ BOAT NAME: _____ DIVE TYPE: _____ LOCATION: _____

Wind Force: _____ Cloud Cover: _____ Temp: _____ deg C GPS: _____

Surface Vis: _____ Tide: _____ LW/HW slack Sea State: _____

Name of Diver	Grade	CTC	Cylinder Capacity	AIR		TIME		Dive Time	Stops	Max Depth	Surface Code	Computer Type	Comments
				IN	OUT	IN	OUT						
In the event of Emergency Dial 999 and ask for the Coastcard or VHF Channel 16													

This form (& dive computer & buddy if appropriate) should accompany the casualty to medical facilities

CASUALTY ASSESSMENT



Date:

Casualty name:

Age: yrs Male/female:

Onset of symptoms: Time:

Description:

Time	Record observations every 15 mins and when casualty's condition changes							
Highest level of response	Alert, Voice, Pain, Unresponsive							
BLS	Note times started and stopped							
AED	Note times applied Note if shocks given							
Orientation	Day	<input checked="" type="checkbox"/> normal	<input checked="" type="checkbox"/> abnormal					
	Place	<input checked="" type="checkbox"/> normal	<input checked="" type="checkbox"/> abnormal					
	Person	<input checked="" type="checkbox"/> normal	<input checked="" type="checkbox"/> abnormal					
Personality change	<input checked="" type="checkbox"/> absent	<input checked="" type="checkbox"/> present						

Chest pains	<input checked="" type="checkbox"/> absent	<input checked="" type="checkbox"/> present						
Respiratory rate	(breaths/minute)							
Pulse rate	(beats/minute)							
Vision	Normal, Tunnel, Blurred, Double							
Head & neck <input checked="" type="checkbox"/> normal	Tingling/numbness	Left/Right/Both						
	Facial weakness	Left/Right/Both						
Upper limb <input checked="" type="checkbox"/> normal	Tingling/numbness	Left/Right/Both						
	Weakness	Left/Right/Both						
Trunk <input checked="" type="checkbox"/> normal	Tingling/numbness	Left/Right/Both						
	Weakness	Left/Right/Both						
Lower limb <input checked="" type="checkbox"/> normal	Tingling/numbness	Left/Right/Both						
	Weakness	Left/Right/Both						
Eye/hand coordination	<input checked="" type="checkbox"/> normal	<input checked="" type="checkbox"/> abnormal						

Oxygen therapy Note time started & stopped. Note O₂ %

Fluid administered Note time and amount (mls)

Assessor name:

Contact name:

Tel:

Vessel call sign:

INCIDENT PROCEDURE



- TAKE CONTROL
- ASSESS THE SITUATION
- DELEGATE ACTION
- CONTACT THE EMERGENCY SERVICES

Tell them: Who you are - Type of emergency – Location

EMERGENCY SERVICES - UNITED KINGDOM

At sea	All incidents: Coastguard	VHF DSC (or Channel 16)
	Lives in immediate danger:	Mayday (distress button)
	Decompression illness:	Pan Pan
On land	Decompression illness: BHA / RN Diver Helplines	
	England, Wales, Northern Ireland:	07831 151523
	Scotland:	0845 408 6008
	Near drowning:	Ambulance 999 or 112
	Lost diver:	Coastguard/Police 999 or 112

Decompression illness

Keep the casualty quiet

Lie casualty flat on back
Do NOT raise legs
Administer 100% oxygen
Administer fluids

Basic life support

Check safety



Unresponsive? → Shout for help



Open airway



Not breathing normally? → Send for/go for AED
Call emergency services



30 chest compressions



CC+RB 30:2 (follow voice prompts when AED in use)

DIVE DETAILS Casualty name:

Ascent	Normal Y/N	Rapid Y/N	Missed stops	mins
Use separate sheet for buddy		Incident dive	Previous dives (most recent first)	
Gas mix (if rebreather write RB and give diluent mix)				
Surface interval (since previous dive)				
Depth (m) & Dive time (surface to surface, or 1st stop if taken)				
Stop 1 (mins @ m) & deco mix				
Stop 2 (mins @ m) & deco mix				
Stop 3 details (Record dives with >3 stops on a separate piece of paper)				
Surfacing time (and date if needed)				